

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Freddy Sithole

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

**TIME** 03:21:35

**PACE** 06:16/km

**OVERALL** 130 of 351

27 October 2018, Sat **Date** 

**GENDER** 108 of

233

**40+** 35 of 76